



First 5 California Annual Report 2020-2021

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Background and Purpose

First 5 Plumas County Children and Families Commission is required to submit an annual report to First 5 California to “provide a summary of county Commission revenues, expenditures, and population served as required by the California Children and Families Act (Health and Safety Code, Sections 130100–130155). The First 5 California Annual Report (AR) contains three sections:

AR-1: County Revenue and Expenditure Summary

The County Revenue and Expenditure Summary form (AR-1) captures First 5 county commission fiscal data showing the relationship between financial resources and services. The fiscal data must be consistent with Generally Accepted Accounting Principles (GAAP) and each commission’s audited financial statements.

The following outlines the requirements for completing the AR-1:

- All Fiscal Year (FY) 2020–21 funds received by the commission and recognized as revenue in the audited financial statements
- All FY 2020–21 expenditures or encumbrances, regardless of funding source, for a commission-run program or an externally run program
- The population served (children, primary caregivers, providers), regardless of funding source, for a commission-run program or an externally run program. To the extent possible, counts of children, primary caregivers, and providers should be unduplicated at the level of the Grantee Type

AR-2: County Service Demographic Worksheet

The purpose of the County Demographic Worksheet (AR-2) is to capture demographic information about the populations served by each First 5 commission at the county level.

The following outlines the requirements for completing the AR-2:

- Provision of unduplicated counts of populations served within the county including breakdowns by population category, race/ethnicity, and primary language spoken in the home.
- To the extent possible, counts of persons served should be unduplicated for AR-2. County commissions should aggregate number of persons served across Results/Services/Grantee Types reported in AR-1 to complete the Demographic Worksheet. Because duplicated counts are allowed in the AR-1, the total number of persons for demographic data reported in the AR-2 should be the same or less than the number of persons reported in the AR-1

AR-3: County Evaluation Summary and Highlights

This section provides a standardized format for each county commission to submit information about evaluation activities completed and findings reported in its Annual Evaluation Report or other evaluations conducted during the fiscal year focusing on all four Result Areas: Family Functioning, Improved Child Development, Improved Child Health, and Improved Systems of Care. County highlights describing accomplishments during the fiscal year also are reported and will be published in F5CA’s Annual Report

The following outlines the requirements for completing the AR-3:

- Evaluation Activities Completed: Provide a description of evaluation activities completed, evaluation findings, and their policy impact during the fiscal year.
- County Highlights: Provide two or three highlights or accomplishments that occurred during the fiscal year.

All completed data submission forms are due to First 5 California by 11:59 pm on October 21, 2021.

The following pages contain information that is necessary for submission to First 5 California as an element of the Annual Reporting process. Only information that is gathered as a component of evaluation efforts are provided in this document. For a more comprehensive report of all items submitted for AR reporting purposes.

AR1: Family First

Result Area Type:	Improved Family Functioning	Expenditures:	
Service Category:	Intensive Family Support	Revenue Source:	
Grantee Type:	County Health & Human Services		
Program Model:	Other: Five Protective Factors		
Age	Total		
Children Less Than 3 years old	19		
Children from 3 rd to 6 th Birthday	9		
Children Age Unknown (birth – 6 th Birthday)	2		
Primary Caregivers/Other Family Members	28		
Providers	-		
Total Population Served			
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	2	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	3	4	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	13	17	-
Two or More Races	7	5	-
Other (Specify)	-	-	-
Unknown	7	-	-
Total	30	28	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	21	25	-
Spanish	3	3	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	6	-	-
Total	30	28	-

Categories for Improved Child Development:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: Roundhouse Council

Result Area Type:	Improved Family Functioning	Expenditures:	
Service Category:	Intensive Family Support	Revenue Source:	
Grantee Type:	CBO/Non-Profit		
Program Model:	Other: Five Protective Factors		
Age	Total		
Children Less Than 3 years old	10		
Children from 3 rd to 6 th Birthday	7		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	14		
Providers	-		
Total Population Served	31		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	9	9	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	1	-
Native Hawaiian or Other Pacific Islander	-	1	-
White	-	0	-
Two or More Races	5	2	-
Other (Specify)	-	-	-
Unknown	3	1	-
Total	17	14	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	14	12	-
Spanish	1	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	2	2	-
Total	17	14	-

Categories for Improved Child Development:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: Early Childhood Development Specialist

Result Area Type:	Improved Family Functioning	Expenditures:	
Service Category:	Intensive Family Support	Revenue Source:	
Grantee Type:	Other: Independent Consultant		
Program Model:	Other: Five Protective Factors		
Age	Total		
Children Less Than 3 years old	12		
Children from 3 rd to 6 th Birthday	3		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	9		
Providers	-		
Total Population Served	24		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	-	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	9	7	-
Two or More Races	3	2	-
Other (Specify)	-	-	-
Unknown	3	-	-
Total	15	9	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	12	9	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	3	-	-
Total	15	9	-

Categories for Improved Child Development:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: New Parent Kits

Result Area Type:	Improved Family Functioning	Expenditures:	
Service Category:	General Family Support	Revenue Source:	
Grantee Type:	County Health & Human Services		
Program Model:	Other: New Parent Kit Distribution		
Age	Total		
Children Less Than 3 years old	-		
Children from 3 rd to 6 th Birthday	-		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	25		
Providers	-		
Total Population Served	25		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	-	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	-	-	-
Two or More Races	-	-	-
Other (Specify)	-	-	-
Unknown	-	25	-
Total	-	25	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	-	-	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	-	25	-
Total	-	25	-

Categories for Improved Child Development:

General Family Support • Intensive Family Support • Family Literacy Book Programs

AR1: Kindergarten Roundup

Result Area Type:	Improved Child Development	Expenditures:	
Service Category:	Early Learning Programs	Revenue Source:	
Grantee Type:			
Program Model:	Summer Programs		
Age	Total		
Children Less Than 3 years old	-		
Children from 3 rd to 6 th Birthday	-		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	-		
Providers	-		
Total Population Served	-		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	-	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	-	-	-
Two or More Races	-	-	-
Other (Specify)	-	-	-
Unknown	-	-	-
Total	-	-	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	-	-	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	-	-	-
Total	-	-	-

Categories for Improved Child Development:
Quality Early Learning Support • Early Learning Program Direct Costs

AR1: ECE IMPACT Sites

Result Area Type:	Improved Child Development	Expenditures:	
Service Category:	Quality Early Learning Supports	Revenue Source:	
Grantee Type:	Child Care Centers/Family Child Care		
Program Model:	Other: Business Supports		
Age	Total		
Children Less Than 3 years old	71		
Children from 3 rd to 6 th Birthday	147		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	-		
Providers	50		
Total Population Served	268		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	9	-	-
Asian	2	-	-
Black/African American	5	-	-
Hispanic/Latino	33	-	-
Native Hawaiian or Other Pacific Islander	5	-	-
White	150	-	-
Two or More Races	13	-	-
Other (Specify)	-	-	-
Unknown	1	-	50
Total	218	-	50
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	172	-	26
Spanish	19	-	1
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Japanese)	-	-	-
Unknown	27	-	23
Total	218	-	50

Categories for Improved Child Development:
Quality Early Learning Support • Early Learning Program Direct Costs

AR1: Early Intervention

Result Area Type:	Improved Child Health	Expenditures:	
Service Category:	Early Intervention	Revenue Source:	
Grantee Type:	County Office of Education/School District		
Program Model:	Other: Early Intervention Supports		
Age	Total		
Children Less Than 3 years old	7		
Children from 3 rd to 6 th Birthday	2		
Children Age Unknown (birth – 6 th Birthday)	-		
Primary Caregivers/Other Family Members	8		
Providers	-		
Total Population Served	17		
Race/Ethnicity	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	-	-	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	2	-	-
Native Hawaiian or Other Pacific Islander	-	1	-
White	6	7	-
Two or More Races	-	-	-
Other (Specify)	-	-	-
Unknown	1	-	-
Total	9	8	-
Primary Language	Children Birth – 6th Birthday	Primary Caregivers & Other Family Members	Providers
English	8	8	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	1	-	-
Total	9	8	-

Categories for Improved Child Health:

General Health and Education Promotion • Perinatal and Early Childhood Home Visiting • Prenatal and Infant/Toddler Pediatric Support • Oral Health Education and Treatment • Early Intervention

AR1: Improved Systems of Care*

Result Area Type:	Improved Systems of Care	Expenditures:	
Service Category:	Systems Building	Revenue Source:	
Grantee Type:			
Program Model:			
Who was the primary target population for these efforts?			
<p>First 5 Plumas has partnered with its funded home visiting programs and other organizations that serve children and families throughout Plumas County to establish a Family Strengthening Coalition. This Coalition is leading efforts to implement the home visiting coordination systems strengthening project.</p>			
What were the type of services provided?			
<p>The Coalition was established to ensure that “support systems are responsive to community needs, collaborate to improve access and work in partnership with families to improve outcomes. It conducted an environmental scan to assess the concentration of risk, quality, and capacity of existing family support services, with a special emphasis on home visiting. This information was used to identify opportunities to expand or improve services for families and young children in Plumas County.</p>			
What was the intended result of the service? What was the community impact of the service?			
<p>The Coalition has established the following goals to guide the change that is being sought for families and the systems that serve them:</p> <ul style="list-style-type: none"> • Improved Access to Care: The intention is that through systems change strategies, families will have increased access to the comprehensive needs that they often have. This will be accomplished through an improved system of referrals and a supportive navigational approach to serving families. • Enhanced Collaboration and Coordination: Through the establishment of a strategic doing approach, the Coalition will be the ongoing mechanism to support enhanced communication between programming, as well as identification and deployment of shared efforts around outreach to families, case conferencing, shared training, and partnered fund development efforts. Additionally, the Coalition will collect, share and used data to help drive discussions and quality improvement efforts. • Expanded Family Support Services: The Coalition has prioritized specific service areas where service expansion efforts will be explored. These service areas include transportation, healthcare services, affordable housing, childcare, and support services for individuals with special needs. Additionally, home visiting expansion will be explored as a means to meet the complex needs of families in Plumas County 			

*It appears as if this section of the First 5 CA AR reporting system only calls for fiscal information as well as the service category, grantee type and program model. In the event that more information is requested at a later date regarding systems change efforts, the narrative above is being offered.

Categories for Improved Systems of Care:

Policy and Public Advocacy • Systems Building • Emergency and Disaster Relief

AR2: Total Number of Individuals Served

Age		Total	
Children Less Than 3 years old		119	
Children from 3 rd to 6 th Birthday		168	
Children Age Unknown (birth – 6 th Birthday)		2	
Primary Caregivers/Other Family Members		84	
Providers		50	
Total Population Served		423	
Race/Ethnicity	Children Birth – 6 th Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	18	11	-
Asian	2	-	-
Black/African American	5	-	-
Hispanic/Latino	38	5	-
Native Hawaiian or Other Pacific Islander	5	2	-
White	178	31	-
Two or More Races	28	9	-
Other (Specify)	-	-	-
Unknown	15	26	50
Total	289	84	-
Primary Language	Children Birth – 6 th Birthday	Primary Caregivers & Other Family Members	Providers
English	227	54	26
Spanish	23	3	1
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Japanese)	-	-	-
Unknown	39	27	23
Total	289	84	50
Degree of Duplication (0-100%)		25%	
Confidence in Data:	<input type="checkbox"/> Not Sure <input type="checkbox"/> Somewhat Confident <input checked="" type="checkbox"/> Moderately Confident <input type="checkbox"/> Very Confident		
Additional Details:	The county has a data system to collect and report on unduplicated counts for children and families served through its primary investment of Home Visiting. It does not require that level of data management for its smaller investments to include the Kindergarten Roundup program and families receiving New Parent Kits. Additionally, there is no way to know if children that benefit from the IMPACT quality improvement efforts are also served through the Home Visiting investments. Given that, we believe that actual unduplicated counts are within the 25% of the figures on the AR-2, meaning the actual unduplicated counts may be higher or lower.		

AR3: Evaluation Summary

Evaluation Activities Completed

Provide a description of evaluation activities completed, evaluation findings, and their policy impact during the fiscal year. If findings are published, provide the citation and web link (if available online). These activities should focus on all four Result Areas: Family Functioning, Improved Child Development, Improved Child Health, and Improved Systems of Care. Include evaluations of prior year programs conducted during the current fiscal year. (4,000 characters maximum)

Evaluation Activities Completed

In 2020-21, First 5 Plumas County worked with their evaluation consultant (SEI) to complete the following evaluation efforts:

- SEI managed all data collection efforts and provided programs with information to assist them in understanding data collection gaps and solutions.
- SEI hosted quarterly coordination calls with programs to identify shared clients, determine who best to collect necessary outcomes data, and offer an opportunity to provide joint case conferencing.
- Developed both mid-term and annual evaluation reports for the Home Visiting Program.
- Completed First 5 California Annual Reporting Requirements.

Evaluation Findings

The Commission's primary strategy in realizing its vision and fulfilling its mission is through the support of home visiting services. Highlights of evaluation findings are provided below.

Home visiting programs were deeply impacted by the COVID-19 pandemic. Home visiting programs saw a drastic reduction in the number of families they were able to serve because of the pandemic. In FY 2018-2019, the last "typical" service year used for comparison, the number of families able to access home visiting totaled 113. In FY 2019-2020, which was a partially COVID-impacted year, the total families served decreased to 106. In the current FY (2020-2021), which was fully impacted by COVID-19, the total number of families served dropped to 56. It is expected that the pandemic will continue to influence home visiting programs, with the most significant impact being on the Family First program as they continue to balance the public health needs of Plumas County with the need to provide supportive services such as home visiting.

Families continue to benefit from home visiting supports. Home visiting programs continue to provide a comprehensive service array to families. Families received (on average) a total of 10 home visits in a year, and during those visits, receive an average of 6 services each time. The services provided most often include child development activities, early intervention supports, and family support for parents. Families receiving these services experienced enhanced protective factors.

Families are satisfied. Families surveyed indicated high levels of satisfaction with services and staff and agree that they received the assistance they needed.

Policy Impact

First 5 Plumas County is satisfied with the outcomes associated with home visiting services and as such, intends to continue its support for this approach. The Commission will consider evaluation recommendations to strengthen efforts and outcomes in the future:

- **Continue to focus on developmental screenings.** The Commission should continue to be a focus for home visiting programs, with the goal of ensuring all children participating in programming receive a developmental screening (with the exception of those that have already been identified as having a special need).
- **Establish a mechanism to ensure families who need home visiting are able to access it.** Because Family First is the largest home visiting program in the county and historically has served the bulk of families accessing home visiting services, the competing priorities brought on by the pandemic significantly impacted the overall

number of families who could be served. While the public health department continues to deal with the impact of COVID, it is recommended that families be redirected to other home visiting programs.

- **Consider revisions to data collection tool(s).** The survey used to assess protective factors among families participating in Plumas County home visiting programs has been in practice for over two decades. It may benefit First 5 Plumas to explore other tool options to determine if there is a version that is better suited for measuring what families are experiencing and how the service intervention impacts the presence of protective factors.

In support of the AR-3 evaluation summary and highlights, county commissions must provide annual reports or evaluation reports in Adobe Acrobat (pdf) format to statutorydocuments@ccfc.ca.gov.

AR3: County Highlights

Describe two or three highlights or accomplishments during the fiscal year. Examples may include efforts to address family resilience, health and development, quality early learning, sustainability and scale, or handling a community crisis. (2000 character maximum)

First 5 Plumas supports home visiting programs in which trained peer professionals provide regular, voluntary home visits to expectant and new parents and offer guidance, risk assessment, and referrals to other services offered in the community. While the Commission has historically invested in home visiting as its primary strategy in realizing its vision and fulfilling its mission, these services are needed now more than ever. Families are enduring the challenges posed by the COVID 19 global pandemic and recurring wildfires that have decimated large portions of the county.

In the 2020-2021 programming year, **home visiting programs adjusted their practices** so that they could continue to provide a comprehensive service array to families with the youngest children. Services were offered in nontraditional settings (front port visits and meetings in parks and other open spaces) and home visitors sought to meet families increasing needs for emotional support and basic needs. As a result, 56 families were provided support with a total of 3,517 services rendered. Evaluation results reveal that families receiving these services experienced enhanced protective factors and routinely identified their home visitor as a source of information, comfort, and stability.

In addition to direct service delivery, the Commission also supported efforts to strengthen the family support system through the **establishment of a Family Strengthening Coalition**. This Coalition was established to ensure that “support systems are responsive to community needs, collaborate to improve access and work in partnership with families to improve outcomes. It conducted an environmental scan to assess the concentration of risk, quality, and capacity of existing family support services, with a special emphasis on home visiting. This information was used to identify opportunities to expand or improve services for families and young children in Plumas County.

(Note: Your narrative will be published in the First 5 California Annual Report. Please use a professional writing style within the length limit).