



Plumas County Children and Families Commission

December 2, 2024

9:30 a.m.-11:30 a.m.

[Teams Meeting Link](#)

Public Health Conference Room  
270 Hospital Road, Quincy, CA 95971

## DRAFT AGENDA

1. **ROLL CALL/INTRODUCTIONS:** Kendrah Fredricksen, Chairperson
2. **APPROVAL OF MINUTES: November 4, 2024\* (5 Minutes)** **ACTION**
3. **COMMISSION MEMBERSHIP (10 minutes)**
  - a. Commission will take action on the resignation of Kendrah Fredricksen **ACTION**
  - b. Commission will take action on the appointment of a Commission Chairperson **ACTION**
4. **PUBLIC COMMENT (5 Minutes)**
5. **REPORTS (30 Minutes)** **DISCUSSION**
  - a. Executive Director's Report
  - b. Employee Performance Evaluation, Executive Director
  - c. Commissioner's Reports-Commissioners may report on local, regional, or state issues that impact children ages 0-5 and their families.
6. **PROGRAM DEVELOPMENT (60 - 90 Minutes)**
  - a. **Commission will consider the following service agreement contracts FY 24-25:**
    - i. PCCFC24-25 HMG - \$10,000, Independent Contractor **ACTION**
    - ii. Fine Mountain Consulting - \$3,000 Home Visiting Database updates **ACTION**
  - b. Strategic Planning (2025-2030) **DISCUSSION**

Goals and Outcomes,  
Facilitated by Bethany Edholm, Sierra Cascade Family Opportunities
7. **PUBLIC COMMENT**
8. **NEXT MEETING DATES:**

Public Health Conference Room, 207 County Hospital Rd, Quincy, 9:30 a.m. to 11:30 a.m.  
♦January 6, 2025, ♦February 3, 2025, ♦March 3, 2025, ♦April 7, 2025, ♦May 5, 2025, ♦June 2, 2025
10. **ADJOURNMENT**

Join the meeting now<[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_ZWlwNDE3YmEtZWQ1OS00MjJjLWewZDctOGNjZmRmMjM5YTY3%40thread.v2/0?context=%7b%22Tid%22%3a%2232750e83-0771-4386-a973-184872ec568a%22%2c%22Oid%22%3a%2217083bf9-e0ee-46d8-8cb8-4fc2d6beb047%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZWlwNDE3YmEtZWQ1OS00MjJjLWewZDctOGNjZmRmMjM5YTY3%40thread.v2/0?context=%7b%22Tid%22%3a%2232750e83-0771-4386-a973-184872ec568a%22%2c%22Oid%22%3a%2217083bf9-e0ee-46d8-8cb8-4fc2d6beb047%22%7d)> Meeting ID: 280 707 198 961 Passcode: bBA4sh

For more information on the PCCFC agenda, OR disability related accommodations, contact; Pamela Becwar, Executive Director, (503)-924-9140, or at [first5plumas@gmail.com](mailto:first5plumas@gmail.com). The order in which agenda items are considered may be subject to change. All First 5 Plumas Commission Meeting Agendas are posted online according to open meeting rules (California Brown Act). Public Comment may be made prior to and during any Commission Action items.



**November 4, 2024**  
**9:30 a.m.-11:30 a.m.**  
**Public Health, 270 Hospital Road, Quincy, CA**

## **DRAFT Meeting Minutes**

**1. Call to order: 9:34 a.m.**

**ROLL CALL/INTRODUCTIONS:** Kendrah Fredricksen, Chairperson

**Present:** Kendrah Fredricksen, Dana Krinsky, Melissa Smith, James Wilson, Courtney Schrammel

**Absent:** Brenda Poteete, Dwight Ceresola,

**Staff:** Pamela Becwar, Alicia Kerr

**2. APPROVAL OF MINUTES: November 4, 2024**

**Motion to approve:** Melissa Smith

**Second:** James Wilson

**Motion carried.**

**3. FISCAL ITEMS**

**Commission will take action on the following items:**

a. Plumas County Children & Families Commission Quarterly (first quarter) Budget Report FY 24-25 Amendments:

- IMPACT Funding for Plumas STARS **increased from \$91,568 to \$123,300** based on additional QCC funding. A new Grant Award Notification from QCC and Budget Amendment with PRS has been completed.
- Line Item added to Professional Services for the **Dollywood Imagination Library for \$4000**, funded by MAA
- Line Item (52050) for **Insurance is increased from \$10,000 to \$10,800** based on increased cost.

**Motion to approve:** James Wilson

**Second:** Courtney Schrammel

**Motion carried.**

**4. PUBLIC COMMENT – NONE**

**5. REPORTS (10 Minutes)**

a. **Executive Director's Report**

**Statutory Documents submitted:**

Annual Financial Audit submitted to California State Controller's Office

Annual Report submitted to First 5 California online portal and emailed to First 5 California

Strategic Plan emailed to First 5 California

Year End Evaluation Report emailed to First 5 California

**Projects:**

**Imagination Library** – Handed out Imagination Library flyers at Trick or Treat, Quincy CA  
**ASQ Developmental Screenings project** – Plan to provide parent incentives

**Playgroup** Every Wednesday at 9:30 at Dramawork’s Rehearsal Hall, facilitated by Alicia Kerr.

**Breastfeeding Group** on second Wednesdays of the month at 9:00 a.m. before playgroup.

**Parent Trainings:** High Sierra Parent Conference will be November 16, 2024. See flyer!

**Inclusive Early Education Workgroup:**

This meeting will be held virtually on **Nov. 7th at 10 am-11 am**

<https://us02web.zoom.us/j/88346141454?pwd=MlMNH0qYYaeVreURxuAnJbPWHbsW3H.1>

b. **Commissioner’s Reports** - Commissioners may report on local, regional, or state issues that impact children ages 0-5 and their families.

Melissa Smith: Laura Atkins is new Plumas County DSS director. There has been good communication with the schools.

Dana Krinsky: Flu Clinics have been happening. There are staffing shortages.

Oral Health Coalition meeting is November 13 at 11:30 a.m. at Public Health

Kendrah Fredricksen is resigning and her last meeting will be December 2. ***Many thanks for her service to the First 5 Commission!***

**6. PROGRAM DEVELOPMENT**

Strategic Planning (2025-2030) Categorize service gaps and needs. Rank priority areas and visioning discussion. Facilitated by Pamela Becwar, First 5 Plumas, Executive Director

**See table on page 3. Next steps will include Commissioners ranking priorities.**

**7. PUBLIC COMMENT – NONE**

**8. NEXT MEETING DATES: Public Health Conference Room, 207 County Hospital Rd, Quincy, 9:30 a.m. to 11:30 a.m. ♦December 2, 2024,**

**9. ADJOURNMENT 11:28 a.m.**



**Commission Meeting:  
December 2, 2024  
Agenda Item: 3. a - b**

**DATE:** December 2, 2024

**TO:** Commissioners

**FROM:** Pamela Becwar

**RE: Commission will take action on the resignation of Kendrah Fredricksen and appoint a new Commission Chairperson**

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**RECOMMENDATION:**

Take ACTION to accept the resignation of Commissioner Fredricksen.

Commissioner Kendrah Fredricksen resigned her position after 6 years of service to the Commission.

Take ACTION to appoint a new First 5 Plumas Commission Chairperson.

Please see the current Commissioner matrix (next page). Note there was an update to the length of terms based on the Commission by-laws that states a term is 3 years, and not 2 years, which was previously noted as a term on the matrix.

Thank you.

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## First 5 Plumas County Children and Families Commission

### Membership Matrix (Revised 6/24/2024)

Name	Member Designation	Geographic Area	Representation	Diverse Populations	Term Expires	Office Title	Office Expires
James Wilson 510 230 9442	At-Large	County-wide	H: Healthy Children		6-2026		
<sup>1</sup> Dwight Ceresola 530 251 3537	County BOS Representative	County-wide	LG: Local Government		3-2026	<b>Vice Chair</b>	<b>11-2025</b>
Kendrah Fredricksen 530 612 8255	At-Large	Quincy	SF: Strong Families	Child and Families at-risk	5-2026	<b>Chair</b>	<b>11-2025</b>
<sup>1</sup> Dana Krinsky 530 283 6358	County Health Dept. Director (Representative)	County-wide	H: Healthy Children	Low income Children & Families	9-2026		
Courtney Schrammel	At-Large	Quincy	SF: Strong Families	Children with Sp. Needs and Disabilities	6-2027		
Brenda Poteete 530 257 1206	At-Large ECE	County-wide	Early Childhood Education	Low income children and families	5-2027	<b>Treasurer</b>	<b>5-2025</b>
<sup>1</sup> Melissa Smith	Social Services County Director (Representative)	County-wide	SF: Strong Families	Child and Families at-risk	6-2027		
<b>VACANT</b>							
<b>VACANT</b>							

<sup>1</sup>Members mandated by Proposition 10 Legislation

**H: Healthy Children**  
**ECE: Early Childhood Education**  
**LG: Local Government**  
**SF: Strong Families**

**Note: Commissioners serve three-year terms and may be appointed to unlimited subsequent terms**

## Executive Director's Report

Pamela Becwar

December 2, 2024



### Contracts and New Projects:

[Request for Proposals – Help Me Grow](#)

[HV Database Updates Contract](#)

[ASQ Online, Parent Incentive Project](#): \$50 Gift Card, Eligibility: Complete screening, Name Child Care Provider, Meet with a reviewer. Children with Disabilities: Meet with Alicia, families can decide what activity they would like to do based on the family's needs to receive the incentive.

### Meetings:

November 4, 2024, 211 and PRS. Plans are to include Help Me Grow resource on the PRS Resource Guide and we could contract with 211 to include questions for families with children 0 to 5.

November 6, 2024, SPCFA Listening Sessions. The First 5 Commission will be voting on the SPCFA in January.

November 7, 2024, Inclusive Early Education Workgroup: Will be going over the Early Intervention/Special Education service matrix at the next meeting.

November 12, 2024, HV Med-Cal Transformation TA. We have readiness materials that can help us with how or if we will bill PHP for services.

November 13, 2024, Oral Health Coalition meeting (Coalition is currently defining vision and mission), Small County ED meeting

November 14, 2024, First 5 Association ED meeting

November 15, 2024, Far Northern Regional Center Board meeting

November 16, 2024, High Sierra Parent Conference – 17 participants, 45 children impacted. 100% of respondents said the conference met their expectations and they said they valued the information, connections, conversations, and resources.

November 20, 2024, Children's Council and Marketing Committee, VOAD meeting (First 5 Plumas is now a member)

November 22, 2024, Laura Atkins, Plumas County DSS Director

November 25, 2024 ED Employee Performance Review (Available upon request)

### Upcoming meetings:

#### Inclusive Early Education Workgroup:

This meeting will be held virtually on **December 5, 2024, 10 am-11 am**

<https://us02web.zoom.us/j/84297398697?pwd=xF56kFCbkFyQfGdCMaQhLAUhm3DSpa.1>

**Mental Health Awareness Forum** – Third Thursday of the month, 11 a.m.

**Help Me Grow National Forum** – December 10, 2024

**First 5 Summit** – February 10 – 12, 2025



Plumas County Children and Families Commission

### Strategic Planning: Commission Priorities Session (November 4, 2024)

Improved Family Function	Improved Child Development	Improved Child Health	Systems Improvement
<b>Parent Groups:</b> Dad's Groups Trainings for Parents Moms' Support Co-parenting trainings Parent Conferences Cafe 2x/yr	<b>Plumas STARS</b>	<b>Birth Services:</b> Focus on returning live births in Plumas Mid-wife connection Tahoe Forst Connection	<b>Collaborations:</b> Help Me Grow Far North RC Reach out Churches Count-wide Sys Dev Org Partnerships Agencies work together Central Family supports conveners
<b>Home Visits:</b> Continue In-home visits Visiting Nurses In-home education for parents	<b>Developmental Assessments:</b> ASQ Incentives Dev Screening Developmental Playgroups	Encourage <b>mental health</b> services more broadly: Involve PCBH in meetings	<b>Support Outreach:</b> Foster family Support Parent support Reaching more families Outreach w/ PUSD Improve communication Seek grandparents as mentors Resources for families Advertise services
<b>Expand Playgroups</b>	<b>Imagination Library</b>	<b>Early Intervention</b>	Edu about <b>dyadic services</b>
		<b>Help parents access services:</b> Dental Reproductive Immunizations	<b>Activities:</b> More outreach More family activities (e.g. Children's Fair, Safe T&T)
		Destigmatizing asking for help	<b>Transportation:</b> Build Capacity for transportation
			<b>Visionary Program Developer</b>
			<b>Reach out to CASA for Commission</b>