



Plumas County Children and Families Commission

February 3, 2025
9:30 a.m.-11:30 a.m.

[Teams Meeting Link](#)

Meeting ID: 280 707 198 961

Passcode: bBA4sh

**Public Health Conference
Room, 270 Hospital Road,
Quincy, CA**

DRAFT AGENDA

- 1. ROLL CALL/INTRODUCTIONS:** Dana Krinsky, Chairperson
- 2. APPROVAL OF MINUTES:** December 2, 2024* (5 Minutes) **ACTION**
- 3. FISCAL ITEMS*** (10 minutes)
 - a. Commission will take action on the Quarterly Budget Report FY 2024-25 **ACTION**
 - b. Contract with ARS for Strategic Plan, \$16,450 **ACTION**
- 4. PUBLIC COMMENT** (5 Minutes)
- 5. Commission Membership** (5 minutes)
 - a. Commission will take Action on an appointment for membership for applicant, Ashley Simpson. **ACTION**
- 6. REPORTS** (45 Minutes) **DISCUSSION**
 - a. Executive Director's Report
 - b. Commissioner's Reports-Commissioners may report on local, regional, or state issues that impact children ages 0-5 and their families.
- 7. PROGRAM DEVELOPMENT** (45 Minutes)
 - a. Commission will take action to approve the [First 5 Plumas Mid-Year Report](#) **ACTION**
 - b. Home Visiting Program Updates **DISCUSSION**
- 8. PUBLIC COMMENT**
- 9. NEXT MEETING DATES:**
Public Health Conference Room, 207 County Hospital Rd, Quincy, 9:30 a.m. to 11:30 a.m. ♦ March 3, 2025 ♦ April 7, 2025, ♦ May 5, 2025, ♦ June 2, 2025

10. ADJOURNMENT

Join the meeting now<https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZWlwNDE3YmEtZWQ1OS00MjJlWEwZDct0GNjZmRmMjM5YTY3%40thread.v2/0?context=%7b%22Tid%22%3a%2232750e83-0771-4386-a973-184872ec568a%22%2c%220id%22%3a%2217083bf9-e0ee-46d8-8cb8-4fc2d6beb047%22%7d>
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For more information on the PCCFC agenda, OR disability related accommodations, contact; Pamela Becwar, Executive Director, (503)-924-9140, or at first5plumas@gmail.com. The order in which agenda items are considered may be subject to change. All First 5 Plumas Commission Meeting Agendas are posted online according to open meeting rules (California Brown Act). Public Comment may be made prior to and during any Commission Action items.



December 2, 2024
9:30 a.m.-11:30 a.m.
Public Health,
270 Hospital Road, Quincy, CA

DRAFT MEETING Minutes

Call to order: 9:32 a.m.

1. **ROLL CALL/INTRODUCTIONS:** Kendrah Fredricksen, Chairperson
Present: Dana Krinsky, Melissa Smith, Kendrah Fredricksen, Dwight Ceresola,
Absent: James Wilson, Courtney Schrammel, Brenda Poteete,
Staff: Pamela Becwar, Alicia Kerr
Public: Laura Adkins, Serena Troupe, Bethany Edholm
2. **APPROVAL OF MINUTES: November 4, 2024**
Motion to approve: Dwight Ceresola
Second: Melissa Smith
Motion carried.
3. **COMMISSION MEMBERSHIP**
 - a. Commission will take action on the resignation of Kendrah Fredricksen (letter submitted)
Motion to approve: Dana Krinsky
Second: Melissa Smith
Motion carried.
 - b. Commission will take action on the appointment of a Commission Chairperson, Dana Krinsky
Motion to approve: Dwight Ceresola
Second: Melissa Smith
Motion carried.
4. **PUBLIC COMMENT**
5. **REPORTS**
 - a. Executive Director's Report (submitted)
 - b. Employee Performance Evaluation, Executive Director, Available upon request. Email first5plumas@gmail.com
 - c. Commissioner's Reports-Commissioners may report on local, regional, or state issues that impact children ages 0-5 and their families.
Commissioner Krinsky: Tobacco Reduction Grant is available \$4000
20,000 Parent Services Maps and Gaps activity at the 20,000 Lives Meeting on December 4, 2024.
6. **PROGRAM DEVELOPMENT**

a. Commission will consider the following service agreement contracts FY 24-25:

i. PCCFC24-25 HMG - \$10,000, Independent Contractor

Motion to approve: Dwight Ceresola

Second: Melissa Smith

Motion carried.

ii. Fine Mountain Consulting - \$3,000 Home Visiting Database updates

Motion to approve: Dwight Ceresola

Second: Melissa Smith

Motion carried.

b. Strategic Planning (2025-2030)

Goals and Outcomes, facilitated by Bethany Edholm, Sierra Cascade Family Opportunities

Revision of First 5 Plumas Strategic Plan Goals

Improve Family Functioning: First 5 Plumas will expand opportunities for all families to access social connections, knowledge, and resources through direct services and/or partnerships and collaboration.

Improve Child Development: First 5 Plumas will increase access to parent education and knowledge of child development.

Improved Child Health: First 5 Plumas will provide support and advocacy to increase access to whole child health and care.

Improved Systems of Care: First 5 Plumas will facilitate a coordinated effort to connect children and families to resources.

7. PUBLIC COMMENT NONE

8. NEXT MEETING DATES:

Public Health Conference Room, 207 County Hospital Rd, Quincy, 9:30 a.m. to 11:30 a.m.

January 6, 2025

10. ADJOURNMENT 11:27 a.m.

Date of Commission Meeting, Budget Approval: June 24, 2024 Proposed February 3, 2025

First 5 Plumas Deptment code 70562

Code	Account Title	Contract	Budget	Q2 Update	Admin	Program	Evaluation
52190	PROFESSIONAL SERVICES	PCCFC24-25PCPHAHV	100,000	38,349		100,000	
52190	PROFESSIONAL SERVICES	PCCFC24-25PCPHADATA	8,500	2,469			8,500
52190	PROFESSIONAL SERVICES	PCCFC24-25RC	30,000	10,870		30,000	
52190	PROFESSIONAL SERVICES	PCCFC24-25PUSDEI	20,000	14,268		20,000	
52190	PROFESSIONAL SERVICES	PCCFC24-25SN (Audit)	6,000	6,000	6,000		
52190	PROFESSIONAL SERVICES	PCCFC24-25PRS Impact	123,300	56,361		91,568	
52190	PROFESSIONAL SERVICES	PCCFC24-25HV-RTA-R. Brothers	20,000	3,650		20,000	
52190	PROFESSIONAL SERVICES	Other Contracts under \$5,000	17,200	2,625		17,200	
52191	PROFESSIONAL SERVICES	Dollywood Imagination Library	4,000	1,930			
52190	PROFESSIONAL SERVICES	PCCFC24-25 Consultant/Facilitator	25,000				25,000
		Subtotal Contracts	354,000	136,521	6,000	278,768	33,500
51020	OTHER WAGES	Wages-Emp. #2	40,000	16,800		40,000	
51000	REGULAR WAGES	Wages/Emp. Contributions	85,500	44,534	13,680	60,705	11,115
51080	RETIREMENT	Benefit	12,000	6,000	1,920	8,520	1,560
		Total wages	137,500	67,334	15,600	109,225	12,675
51070	UNEMPLOYMENT INSURANCE	Unemployment	200		200		
51081	OPEB LIABILITY						
51100	FICA/MEDICARE OASDI	FICA	10,000	4,692	10,000		
51110	COMPENSATION INSURANCE	Comp Insurance	1,500		1,500		
52020	COMMUNICATIONS	Communication: Software/subscriptions	3,000	155	3,000		
52050	INSURANCE	Insurance	10,000	10,778	10,000		
52160	MEMBERSHIPS	Memberships	4,075	4,075	4,075		
52180	OFFICE EXPENSE	Office Supplies	500	500	500		
52190	PROFESSIONAL SERVICES	Professional Services	318,268	136,521	6,000	278,768	33,500
52330	EDUCATIONAL NAT/INCENTIVE						
52340	MEDIA/PROMOTIONAL ITEMS						
52370	PUBLICATIONS-LEGAL NOTICE						
52525	SPEC. DEPT. OUTREACH ACT.	Special Dept. Outreach	7,500	5,605		7,500	
52740	TRAVEL ROUTINE	Travel-Routine	2,000	46		2,000	
52750	TRAVEL-SPECIAL	Travel -Special	10,000	285	10,000		
52775	IN-COUNTY HOSTING EVENTS						
52840	CONTINGENCIES						
520419	COVID PPE & CLEANING COST						
525119	LIABILITY SELF-FUND INSURANCE	Liability Self-Fund Insurance	1,500		1,500		
54950	COMPUTER HARDWARE						
58001	TRANSFER-OUT1						
		Subtotal Services & Supplies	368,543		46,775	288,268	33,500
525000	OVERHEAD	Overhead Expenses	14,742	1,403			
		Total Wages	137,500		15,600	109,225	12,675
		Total Budget	520,785	231,395	46,775	397,493	46,175



Goals of the Consultation

Applied Survey Research (ASR) is pleased to present this scope of work to First 5 Plumas to support strategic planning efforts.

Proposed Scope of Work

The table below presents a menu of suggested planning activities. These will be customized according to First 5 Plumas' needs:

Phase/ Task	Timing	Hours	Cost
Planning and design meetings		8	\$ 1,400
Convene the initial meeting to review goals of this project and key planning questions to be answered, First 5 Plumas commission familiarization, data collection strategies, areas to improve data collection methods and metrics, how decisions will be made, end product, and project timeline	February	6	
Based on the above, finalize work plan of planning phases and key steps to address project goals	February	2	
First 5 Plumas Commission Input		38	\$ 6,650
Develop key informant interview (KII) protocol for interview First 5 Plumas commissioners on current strategic planning efforts, data collection methods, prioritization areas, goal setting for priority areas, and priorities for producing an updated strategic plan	March	8	
Complete KIIs with First 5 Plumas commissioners (3 hrs each x6)	March-April	18	
Qualitative and thematic analysis of commissioner KIIs to identify key themes across commissioners related to strategic planning efforts and priorities for future planning	April	12	
Analysis and Reporting		48	\$ 8,400
Prepare PowerPoint and share findings of KIIs with First 5 Plumas Commission to guide future strategic planning endeavors. Agree on three to five strategic planning initiatives (may be a mix of external "impact" and internal "operational"), KPIs, and strategic initiatives; create strategic planning matrix	April	8	
Reconvene with First 5 Plumas Commission to fine tune the strategic initiatives/KPIs/strategies (matrix)	April	8	
Update First 5 Plumas strategic framework in needed	April-May	8	
Draft Strategic Plan in PPT, including background, data collection process, strategic framework, and key goals, strategies and KPIs. Share with workgroup and revise based on feedback	April-May	20	
Share with Commission for review and approval	May	4	
Total		94	\$ 16,450



**Commission Meeting:
February 3, 2025
Agenda Item: VI. a**

DATE: February 3, 2025

TO: Commissioners

FROM: Pamela Becwar

RE: Commission will take action on the membership application of Ashley Simpson

RECOMMENDATION:

Take ACTION to approve the membership of Ashley Simpson, Plumas CASA (Court Appointed Special Advocates) Coordinator who would be an At-Large Parent member. Ashley met with the executive director, Pamela Becwar, to discuss representation of foster youth and children with disabilities.

Please see the Commissioner Membership matrix on the next page (tentative Commission composition based on Commissioner approval and Board of Supervisor appointment of above applicants).

Thank you.

First 5 Plumas County Children and Families Commission

Membership Matrix (Proposed 1/27/2025)

Name	Member Designation	Geographic Area	Representation	Diverse Populations	Term Expires	Office Title	Office Expires
James Wilson 510 230 9442	At-Large	County-wide	H: Healthy Children		6-2026		
¹ Dwight Ceresola 530 251 3537	County BOS Representative	County-wide	LG: Local Government		3-2026	Vice Chair	11-2025
¹ Dana Krinsky 530 283 6358	County Health Dept. Director (Representative)	County-wide	H: Healthy Children	Low income Children & Families	9-2026	Chair	12-2026
Courtney Schrammel	At-Large	Quincy	SF: Strong Families	Children with Sp. Needs and Disabilities	6-2027		
Brenda Poteete 530 257 1206	At-Large ECE	County-wide	Early Childhood Education	Low income children and families	5-2027	Treasurer	5-2025
¹ Melissa Smith	Social Services County Director (Representative)	County-wide	SF: Strong Families	Child and Families at-risk	6-2027		
Ashley Simpson	CASA Coordinator	County-wide	SF: Strong Families	Child and Families at-risk	1-2028		
VACANT							
VACANT							

¹Members mandated by Proposition 10 Legislation

H: Healthy Children
ECE: Early Childhood Education
LG: Local Government
SF: Strong Families

Note: Commissioners serve three-year terms and may be appointed to unlimited subsequent terms

Executive Director's Report

Pamela Becwar
February 3, 2025



Contracts and New Projects:

ARS contract for Strategic Planning

Project Updates:

Early Intervention: Monthly Inclusive Early Education Workgroup meetings that address barriers to inclusion, improving educational materials for Plumas County families who have children ages 0 to 5 who have disabilities.

Help Me Grow: Currently developing resources grid and intake forms.

Oral Health: First 5 Plumas has been working with agencies, schools, and managed care plans to continue to discuss the importance of access to dental care and oral health including participating in the Oral Health Coalition.

Infant/Child Mental Health: April is Child Abuse Prevention month and I will be presenting at the Connect the Dots training with Dana Nowling about the role of community supports in prevention.

Infant/Child and Maternal Health: Mountain Interagency Lactation Coalition meets quarterly to share information and collaborate on outreach events. First 5 Plumas offers a monthly breastfeeding group and MILC is planning a late summer event for Breastfeeding Awareness Month.

Plumas STARS: IMPACT funding will continue at least through 25-26. Liz Welch presented Beginning Together training for the Inclusive Early Education group. There are 21 sites participating in quality improvement through Plumas STARS.

ASQ Incentive Program: To expand the ASQ Online, First 5 Plumas is offering incentives for parents who complete a screening and who have children at a Plumas STARS site.

Imagination Library: 293 enrollments, 136 graduated. Our goal is 350 for this year.

Playgroups: Weekly meetings in Quincy. PRS is starting a playgroup in Portola with support from First 5 Plumas.

Meetings:

December 4, 2024 - 20,000 Lives, Co-facilitated with Dana Krinsky, Maps and Gaps activities to identify Parent Services.

December 5, 2024 – Facilitated Inclusive Early Education Workgroup meeting

December 10, 2024 – Help Me Grow National Forum

December 11, 2024 Plumas STARS Consortium meeting, SCPFA meeting

December 12, 2024 – First 5 Association ED meeting

December 16, 2024 – First 5/PHP MOU stakeholder meeting

December 17, 2024 – QCC hub meeting

December 19, 2024 – New Parent Kit feedback meeting, Mental Health Awareness Workgroup, Strategic Planning meeting

December 20, 2024 – SPCFA stakeholder meeting

January 8, 2025 – SPCFA meeting

January 9, 2025 – County day off

January 10, 2025 – Meeting with Fine Mountain Consulting for database updates, ARS meeting
January 13, 2025 – QCC Region 2 hub meeting
January 15, 2025 - Building Equitable Early Care Systems LLG meeting, Medi-Cal Learning Community meeting, Connect the Dots planning meeting
January 15, 2025 – Facilitated Inclusive Early Education training: Beginning Together at PUSD 11 attendees for training and lunch, VOAD meeting at Quincy Library
January 16, 2025 - Data base meeting with PH (serena Troupe), Butte LPC meeting with coordinator, SELPA Director, Jessica Stone, meeting
January 21, 205 – Mountain Interagency Lactation Coalition meeting, Medi-Cal TA meeting
January 22, 2025 – Smile California webinar
January 24, 2025 – Quarterly Home Visitor meeting, Jessica Stone follow-up meeting
January 27, 2025 - Child and Family Services Review Stakeholder meeting
January 29, 2025 – Oral Health Coalition, Children’s Council
January 30, 2025 – First 5 California Commission meeting

Upcoming meetings:|

First 5 Summit, San Diego – February 10 – 12, 2025