



# First 5 California Annual Report

2019-2020



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## County Commission Highlights

The First 5 Plumas County Children and Families Commission's primary strategy in realizing its vision and fulfilling its mission is through the support of home visiting services. Currently, the Commission funds four direct service programs that provide home visiting services to families (including foster parents) who have children ages 0 - 5. All programs utilize the Strengthening Families™ Protective Factors framework to support and measure success.

**Home visiting programs are reaching the target population.** Home visiting programs have consistently served families with the youngest children in Plumas County as evidenced by most children served being under one year old (44% of all children, age 0-5, served). Additionally, they are serving a more racial and ethnically diverse population than the overall county population, with a pronounced reach within the American Indian/Alaskan Native population (which comprises 12% of service population and only 2% of the total county population). Lastly, home visiting programs are serving most communities proportionately except for Chester (which makes up 21% of the total county population but only 6% of the home visiting service population).

**Families are being strengthened.** A total of 91 families received home visiting services, most of which were highly engaged as demonstrated by both the number of home visits (785) and the total number of services provided (5,114). Additionally, families report increases in each of the five protective factors after receiving home visiting services, with the most significant gains being made in the area that many families struggled with most at program entry – concrete support in times of need. The other area of marked growth was in relationship to social connections.

**Families are satisfied.** Families surveyed indicated high levels of satisfaction with services and staff and agree that they received the assistance they needed. Additionally, a higher percentage of families exited the program because their goals and needs were met.

## AR1: Family First

<b>Result Area Type:</b>	Improved Family Functioning	<b>Expenditures:</b>	
<b>Service Category:</b>	Intensive Family Support	<b>Revenue Source:</b>	
<b>Grantee Type:</b>	County Health & Human Services		
<b>Program Model:</b>	Other: Five Protective Factors		
<b>Age</b>	<b>Total</b>		
Children Less Than 3 years old	61		
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday	12		
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)	3		
Primary Caregivers/Other Family Members	59		
Providers	-		
Total Population Served			
<b>Race/Ethnicity</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
Alaska Native/American Indian	3	2	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	4	8	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	47	40	-
Two or More Races	19	9	-
Other (Specify)	-	-	-
Unknown	3	-	-
Total	76	59	-
<b>Primary Language</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
English	70	57	-
Spanish	3	2	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	3	-	-
Total	76	59	-

## AR1: Roundhouse Council

<b>Result Area Type:</b>	Improved Family Functioning	<b>Expenditures:</b>	
<b>Service Category:</b>	Intensive Family Support	<b>Revenue Source:</b>	
<b>Grantee Type:</b>	CBO/Non-Profit		
<b>Program Model:</b>	Other: Five Protective Factors		
<b>Age</b>	<b>Total</b>		
Children Less Than 3 years old	13		
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday	10		
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)	-		
Primary Caregivers/Other Family Members	16		
Providers	-		
<b>Total Population Served</b>	<b>39</b>		
<b>Race/Ethnicity</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
Alaska Native/American Indian	12	8	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	1	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	1	2	-
Two or More Races	7	3	-
Other (Specify)	-	-	-
Unknown	3	2	-
<b>Total</b>	<b>23</b>	<b>16</b>	<b>-</b>
<b>Primary Language</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
English	21	14	-
Spanish	1	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	1	2	-
<b>Total</b>	<b>23</b>	<b>16</b>	<b>-</b>

## AR1: Early Childhood Development Specialist

<b>Result Area Type:</b>	Improved Family Functioning	<b>Expenditures:</b>	
<b>Service Category:</b>	Intensive Family Support	<b>Revenue Source:</b>	
<b>Grantee Type:</b>	Other: Independent Consultant		
<b>Program Model:</b>	Other: Five Protective Factors		
<b>Age</b>	<b>Total</b>		
Children Less Than 3 years old	24		
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday	4		
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)	1		
Primary Caregivers/Other Family Members	21		
Providers	-		
Total Population Served	50		
<b>Race/Ethnicity</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
Alaska Native/American Indian	1	1	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	18	15	-
Two or More Races	4	3	-
Other (Specify)	-	-	-
Unknown	6	2	-
Total	29	21	-
<b>Primary Language</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
English	24	20	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	5	1	-
Total	29	21	-

## AR1: New Parent Kits

<b>Result Area Type:</b>	Improved Family Functioning	<b>Expenditures:</b>	
<b>Service Category:</b>	General Family Support	<b>Revenue Source:</b>	
<b>Grantee Type:</b>	County Health & Human Services		
<b>Program Model:</b>	Other: New Parent Kit Distribution		
<b>Age</b>	<b>Total</b>		
Children Less Than 3 years old	-		
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday	-		
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)	-		
Primary Caregivers/Other Family Members	43		
Providers	-		
<b>Total Population Served</b>	<b>43</b>		
<b>Race/Ethnicity</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
Alaska Native/American Indian	-	-	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	-	-	-
Two or More Races	-	-	-
Other (Specify)	-	-	-
Unknown	-	43	-
<b>Total</b>	<b>-</b>	<b>43</b>	<b>-</b>
<b>Primary Language</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
English	-	-	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	-	43	-
<b>Total</b>	<b>-</b>	<b>43</b>	<b>-</b>

## AR1: Kindergarten Roundup

<b>Result Area Type:</b>	Improved Child Development	<b>Expenditures:</b>	
<b>Service Category:</b>	Early Learning Programs	<b>Revenue Source:</b>	
<b>Grantee Type:</b>			
<b>Program Model:</b>	Summer Programs		
<b>Age</b>	<b>Total</b>		
Children Less Than 3 years old	-		
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday	168		
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)	-		
Primary Caregivers/Other Family Members	-		
Providers	-		
<b>Total Population Served</b>	<b>168</b>		
<b>Race/Ethnicity</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
Alaska Native/American Indian	-	-	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	-	-	-
Two or More Races	-	-	-
Other (Specify)	-	-	-
Unknown	168	-	-
<b>Total</b>	<b>168</b>	-	-
<b>Primary Language</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
English	-	-	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	168	-	-
<b>Total</b>	<b>168</b>	-	-



## AR1: ECE IMPACT Sites

<b>Result Area Type:</b>	Improved Child Development	<b>Expenditures:</b>	
<b>Service Category:</b>	Quality Early Learning Supports	<b>Revenue Source:</b>	
<b>Grantee Type:</b>	Child Care Centers/Family Child Care		
<b>Program Model:</b>	Other: Business Supports		
<b>Age</b>	<b>Total</b>		
Children Less Than 3 years old			
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday	63		
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)	145		
Primary Caregivers/Other Family Members			
Providers	41		
Total Population Served			
<b>Race/Ethnicity</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
Alaska Native/American Indian	11	-	-
Asian	1	-	-
Black/African American	7	-	-
Hispanic/Latino	24	-	-
Native Hawaiian or Other Pacific Islander	2	-	-
White	137	-	-
Two or More Races	22	-	-
Other (Specify)	-	-	-
Unknown	4	-	41
Total	208	-	41
<b>Primary Language</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
English	189	-	-
Spanish	17	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	1	-	-
Korean	-	-	-
Other (Japanese)	1	-	-
Unknown	-	-	41
Total	208	-	41

## AR1: Early Intervention

<b>Result Area Type:</b>	Improved Child Health	<b>Expenditures:</b>	
<b>Service Category:</b>	Early Intervention	<b>Revenue Source:</b>	
<b>Grantee Type:</b>	County Office of Education/School District		
<b>Program Model:</b>	Other: Early Intervention Supports		
<b>Age</b>	<b>Total</b>		
Children Less Than 3 years old	14		
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday	-		
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)	1		
Primary Caregivers/Other Family Members	10		
Providers	-		
Total Population Served	25		
<b>Race/Ethnicity</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
Alaska Native/American Indian	1	1	-
Asian	-	-	-
Black/African American	-	-	-
Hispanic/Latino	-	-	-
Native Hawaiian or Other Pacific Islander	-	-	-
White	11	8	-
Two or More Races	1	1	-
Other (Specify)	-	-	-
Unknown	2	-	-
Total	15	10	-
<b>Primary Language</b>	<b>Children Birth – 6<sup>th</sup> Birthday</b>	<b>Primary Caregivers &amp; Other Family Members</b>	<b>Providers</b>
English	13	10	-
Spanish	-	-	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	-	-	-
Korean	-	-	-
Other (Specify)	-	-	-
Unknown	2	-	-
Total	15	10	-

## AR2: Total Number of Individuals Served

Age		Total	
Children Less Than 3 years old		112	
Children from 3 <sup>rd</sup> to 6 <sup>th</sup> Birthday		257	
Children Age Unknown (birth – 6 <sup>th</sup> Birthday)		150	
Primary Caregivers/Other Family Members		149	
Providers		41	
Total Population Served		709	
Race/Ethnicity	Children Birth – 6 <sup>th</sup> Birthday	Primary Caregivers & Other Family Members	Providers
Alaska Native/American Indian	28	12	-
Asian	1	-	-
Black/African American	7	-	-
Hispanic/Latino	28	9	-
Native Hawaiian or Other Pacific Islander	2	-	-
White	214	65	-
Two or More Races	53	16	-
Other (Specify)	-	-	-
Unknown	186	47	41
<b>Total</b>	<b>519</b>	<b>149</b>	<b>41</b>
Primary Language	Children Birth – 6 <sup>th</sup> Birthday	Primary Caregivers & Other Family Members	Providers
English	317	101	-
Spanish	21	2	-
Cantonese	-	-	-
Mandarin	-	-	-
Vietnamese	1	-	-
Korean	-	-	-
Other (Japanese)	1	-	-
Unknown	179	46	41
<b>Total</b>	<b>519</b>	<b>149-</b>	<b>41</b>
<b>Degree of Duplication (0-100%)</b>		25%	
<b>Confidence in Data:</b>	<input type="checkbox"/> Not Sure <input type="checkbox"/> Somewhat Confident <input checked="" type="checkbox"/> Moderately Confident <input type="checkbox"/> Very Confident		
<b>Additional Details:</b>	The county has a data system to collect and report on unduplicated counts for children and families served through its primary investment of Home Visiting. It does not require that level of data management for its smaller investments to include the Kindergarten Roundup program and families receiving New Parent Kits. Additionally, there is no way to know if children that benefit from the IMPACT quality improvement efforts are also served through the Home Visiting investments. Given that, we believe that actual unduplicated counts are within the 25% of the figures on the AR-2, meaning the actual unduplicated counts may be higher or lower.		

## AR2: Systems Change

**Result Type** Improved Systems of Care

**Service Type** Program and Systems Improvement

### Who was the primary target population for these efforts? (500 characters maximum)

Families with young children, age 0-5 as well as service providers who support these families.

### What were the type of services provided? (500 characters maximum)

In October 2019, the First 5 Plumas Children and Families Commission embarked upon a process to update its strategic plan as mandated by the legislation that created First 5 Commissions across California. As a component of strategic planning, the Commission developed a report card of indicators related to children and families in Plumas County.

### What was the intended result of the service? What was the community impact of the service? (1,000 characters maximum)

The Plumas County Report Card 2019 provided insight into the state of children and their families in Plumas County. Issues found to be most relevant to the Commission's charge included the lack of economic security impacting all residents and high rates of mental health issues and substance abuse impacting families with young children. Additionally, issues impacting children prenatal through age five included 1) inadequate prenatal care and low birth weight babies, 2) the presence of adverse childhood experiences, and 3) inadequate access to early childhood education and childcare.

The Commission determined that a continuation of its legacy investment in **home visiting services** was a successful strategy in addressing the prevailing needs of families with young children in Plumas County. Research shows home visiting can be an effective method of delivering family support and child development services that lead to improved child health and development as well as strengthened parenting skills. It has also been an effective intervention in decreasing the incidence of child abuse and neglect, as well as the number of children in the social welfare, mental health, and juvenile corrections systems.

As a result, the Commission adopted the following goals for its 2020-2025 Strategic Plan:

1. All families have the knowledge, skills, and resources to support their children's optimal development.
2. All children prenatal through age five have high-quality, nurturing environments that ensure their learning readiness.
3. All children thrive by achieving optimal health prenatal through age five.
4. Systems serving young children and their families will be coordinated and family centered.

## AR3: Evaluation Summary

### Evaluation Activities Completed

#### Provide a description of the evaluation activities completed during the fiscal year.

(4,000 characters maximum)

In 2019-2020, First 5 Plumas County worked with their evaluation consultant (SEI) to complete the following evaluation efforts:

- SEI tracked data collection efforts on a quarterly basis and provided programs with information to assist them in understanding data collection gaps and solutions.
- SEI hosted quarterly coordination calls with programs to identify shared clients, determine who best to collect necessary outcomes data, and offer an opportunity to provide joint case conferencing.
- Developed both mid-term and annual evaluation reports for the Home Visiting Program.
- Completed First 5 California Annual Reporting Requirements.

### Evaluation Findings Reported

#### Provide a description of the evaluation findings reported during the fiscal year.

(4,000 characters maximum)

The Commission's primary strategy in realizing its vision and fulfilling its mission is through the support of home visiting services. Currently, the Commission funds four direct service programs that provide home visiting services to families (including foster parents) who have children ages 0 - 5. All programs utilize the Strengthening Families™ framework to support and measure success. Highlights of evaluation findings are provided below.

#### **Families are engaged in home visiting services.**

- A total of 91 families were provided with home visiting services.
  - *Compared to 98 families served in FY 2018-2019.*
- A total of 785 service contacts were made by home visitors in which 5,114 services were provided.
  - *Compared to 717 contacts in which 4,391 services were provided in FY 2018-2019.*
- 200 referrals to other community resources were provided to families through home visiting programs.
  - *Compared to 178 referrals provided in FY 2018-2019.*
- 89% of parents surveyed agreed that they had received the assistance they needed.
  - *Compared to 100% in FY 2018-2019.*

#### **Children are receiving developmental screenings.**

To ensure that children receive early screening and intervention for developmental delays and other special needs, three of the four home visiting programs utilize the Ages and Stages Questionnaire (ASQ).

- 51 children were screened using the Ages and Stages Questionnaire (ASQ). A majority of children's development were on schedule. Areas in which children are most at risk for delay are in fine motor and problem-solving skills.

#### **Home visiting programs are reaching the target population.**

Home visiting programs have consistently served families with the youngest children in Plumas County as evidenced by most children served being under one year old (44% of all children, age 0-5, served). Additionally, they are serving a more racial and ethnically diverse population than the overall county population, with a pronounced reach within the American Indian/Alaskan Native population (which comprises 12% of service population and only 2% of the total county population). Lastly, home visiting programs are serving most communities proportionately except for Chester (which makes up 21% of the total county population but only 6% of the home visiting service population).

### **Families are stronger as a result of home visiting services.**

Home visiting programs funded by First 5 Plumas County Children and Families Commission utilize the research-based Strengthening Families Protective Factors framework as a theoretical approach to serving families as well as a system to measure outcomes. Families report increases in each of the five protective factors after receiving home visiting services, with the most significant gains being made in the area that many families struggled with most at program entry – concrete support in times of need. The other area of marked growth was in relationship to social connections.

## **Policy Impact of Evaluation Results**

### **Describe the policy impact of the evaluation results.**

*(3,000 characters maximum)*

First 5 Plumas County is satisfied with the outcomes associated with home visiting services and as such, intends to continue its support for this approach. The Commission will consider evaluation recommendations to strengthen efforts and outcomes in the future:

**Streamline how developmental screenings are conducted.** Home visiting programs served a total of 120 children ages 0-5, and only 51 (or 43%) received a developmental screening. Additionally, only 2 children received a social-emotional developmental screening. As noted in last year's evaluation results, developmental screenings serve the dual purpose of identifying children who may be at risk for a developmental delay as well as offering parents and caregiver's information about appropriate child development expectations.

Because First 5 Plumas is embarking upon the implementation of Help Me Grow in Plumas County, there is an opportunity to implement universal screenings by first focusing on the families served through First 5 sponsored home visiting programs. The Commission may want to consider streamlining developmental screening completion through the Early Childhood Specialist to ensure all (eligible – those that are not regional center clients) children are screened and that parents are provided with information about appropriate child development expectations.

**Support Case/Data Management of Families Being Served.** Case management is a collaborative process that assesses, plans, implements, monitors, and evaluates the options and services needed to meet a family's needs. It is unclear whether case management is occurring as a typical practice for the families being served. This is based on data gaps that have been an ongoing issue for home visiting programs. This conclusion is also being driven by the fact that developmental screenings are not occurring for all children based on a schedule that was agreed upon by all home visiting programs.

**Consider revisions to data management practices.** An access database was established to support data management for home visiting programs and has been in use for over a decade. The database has been modified over time, but it has increasingly become clear that home visiting programs have outgrown the usefulness of the database. It is recommended that data management shift to the contracted evaluator for the upcoming contract term (FY20-21). This will allow an assessment of need and assist in recommending a solution that will allow for comprehensive, efficient data collection.